12\textsuperscript{th} December 2013

Dear Parents and Carers,

**RE: Sport and Physical Education lessons**

There are specific guidelines and expectations when students are participating in sport and physical education lessons. These guidelines are important to ensure the safety and hygiene of the students.

Students must be prepared for sport and physical education lesson and bring the following:

- Correct footwear – joggers, runners, etc. This does not include slipper type shoes
- Sports Uniform – this includes navy shorts/skorts and the GCS sports shirt. It does not include tights unless shorts or a skirt are worn over the top.
- Hat
- Bottle of water

**PE Lessons**: students will need to change into their sports clothes prior to the PE lesson and then change back into their school clothes after the lesson. The expectation is that when students have PE during periods:

- **1 or 2** - Students wear their sports clothes to school – changed back into school uniform at recess.
- **3 or 4** – students get changed into sports clothes at recess – changed back into school uniform at lunch time
- **5 or 6** – students get changed at lunch time – they do not need to get changed back into school uniform.

Should students not follow the guidelines they will receive one warning. After this students will not be able to participate in sport and/or PE lesson and will be given related theory work.

We look forward to a very active and great 2014.

Linley Ryan
Sports Coordinator

Joanne Burgess
Principal